



# YORKTON MARTIAL ARTS TRAINING CENTER



Mailing address: 65 Stewart Crescent, Yorkton, SK, S3N 3J4  
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Dear Fellow Martial Artists,

We hope everything is going well for you and your students. On Saturday, March 6, 2010 we will host our **6<sup>th</sup> Annual ABOMINABLE SNOW SLAM - Open Tournament!**

Features include:

- ☉ **8 events** including: Point Sparring, Weapon Sparring, Team Sparring, Light Kickboxing, Empty Hand Forms, Weapon Forms, Women's Power Board Breaking & Men's Power Brick Breaking!
- ☉ Traditional Lion Dance & Ice Break!
- ☉ Brand New Medal design!
- ☉ Grand Champion awards for Color Belts and Black Belts!
- ☉ Black Belts pay only \$5 per event!
- ☉ Full canteen including coffee & donuts; pizza at lunch!
- ☉ Advance admission tickets at **half price** for all spectators!
- ☉ FREE pizza lunch for all judges, red officials and volunteers!

Team sparring competitors will be RANDOMLY drawn into teams of 5, so even if your group doesn't have a full team, make sure that **anyone** interested still signs up for the Team Sparring event.

To avoid long lines on tournament morning and to ensure we start on time, competitors are strongly encouraged to pre-register! Feel free to use our online pre-registration form BUT please note there are **NO online payment options**. The corresponding **FEE must be mailed and received on or before Friday, March 5<sup>th</sup>**. Don't forget to pre-order admission tickets for half price. Please make all cheques payable to: YMATC.

Feel free to download any part of our tournament package from our website at <http://www.ymatc.com/abomsnowslam.asp> which includes a tournament schedule, a registration form, a tournament poster, a map to the tournament site, a list of rules and regulations, a list of awards, hotel information and results/pictures from previous years. We look forward to seeing you here! If you have any questions, or if you would like a complete tournament package mailed to you, please feel free to contact us.

Sincerely,

M. J. Forster  
Chief Instructor  
Yorkton Martial Arts



# **SCHEDULE**

The following times are meant to serve as a guideline ONLY.  
(All times are **approximate**)

## **Friday, March 5<sup>th</sup>**

4:00 – 7:00 p.m.      **Pre-Registration** at tournament site (19 Darlington St. W.- see map)  
7:00 – 9:00 p.m.      and @ Yorkton Martial Arts (50B Broadway St. W.) see map

## **Saturday, March 6<sup>th</sup>**

8:00 – 9:30 a.m.      Competitor “Last Minute” Registration

9:15 a.m.              Black-Belt Meeting

9:30 a.m.              OPENING CEREMONIES w/ Lion Dance and Ice Break

10:00 a.m.             Weapon Forms starting with Adult ranks and down to children

10:45 a.m.             Empty Hand Forms starting with Adult ranks and down to children

11:00 a.m.             Light Kickboxing (16 and up color belts)

**12:15 p.m.             Black Belt Weapon Forms & Empty Hand Forms**

**1:00 p.m.                Black-Belt Point Sparring & Weapon Sparring**

**1:45 p.m.                Black Belt Light Kickboxing**

**2:30 p.m.                Black Belt Power Breaking**

3:00 p.m.              Point & Weapon Sparring starting with youngest & lowest ranks

4:30 p.m.              Team Sparring (random draw)

5:30 p.m.              GRAND CHAMPION presentations

NOTE 1: Weapon Sparring divisions will run immediately after point sparring.

NOTE 2: No lunch break is scheduled. Competitors are encouraged to eat between their events.  
Black Belt judges will be given a break to eat.

**Event times are approximate. If you're not sure when you will be competing, don't leave the gym. DIVISIONS CAN NOT BE RESTARTED!**

**DO NOT MISS YOUR DIVISIONS!**